



# Menu October 2021

(Infant Education)



**Friday 1st**  
Vegetables cream soup  
Catalonian chicken  
Chips  
Yoghurt or fruit.  
Bread and water

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|--|---|--|--|---|
| <p><b>Monday 4th</b></p> <p>Macaroni bolognese</p> <p>Smoked pork chop<br/>Lettuce and onion salad</p> <p>Dairy dessert or fruit.<br/>Bread and water.</p> | <p><b>Tuesday 5th</b></p> <p>Potato stew</p> <p>Varied frying<br/>Mixed salad</p> <p>Fruit.<br/>Bread and water.</p>                    | <p><b>Wednesday 6th</b></p> <p>Lentil stew with potato and carrot</p> <p>Hake in sauce<br/>Vegetable duet</p> <p>Fruit.<br/>Bread and water</p>    | <p><b>Thursday 7th</b></p> <p>Rice with tuna</p> <p>Chicken pepitoria<br/>Mixed vegetables</p> <p>Fruit.<br/>Bread and water</p>       | <p><b>Friday 8th</b></p> <p>Pumpkin cream soup</p> <p>Spanish omelette<br/>Tomato salad</p> <p>Yoghurt or fruit.<br/>Bread and water</p>                  |
| <p><b>Monday 11th</b></p> <p><b>NON SCHOOL DAY</b></p>   | <p><b>Tuesday 12th</b></p> <p><b>SPANISH NATIONAL DAY</b></p>   | <p><b>Wednesday 13th</b></p> <p>Paella</p> <p>Courgette omelette<br/>Lettuce and corn salad</p> <p>Fruit.<br/>Bread and water</p>                  | <p><b>Thursday 14th</b></p> <p>Chard cream soup</p> <p>Hake Riojana<br/>Potatoes à la boulangère</p> <p>Fruit.<br/>Bread and water</p> | <p><b>Friday 15th</b></p> <p>Cocido soup</p> <p>Cocido</p> <p>Yoghurt or fruit.<br/>Bread and water</p>   |
| <p><b>Monday 18th</b></p> <p>Potato and meat stew</p> <p>Battered eggs<br/>Vegetables</p> <p>Dairy dessert or fruit.<br/>Bread and water.</p>              | <p><b>Tuesday 19th</b></p> <p>Courgette cream soup</p> <p>Hake Orly<br/>Potatoes à la boulangère</p> <p>Fruit.<br/>Bread and water.</p> | <p><b>Wednesday 20th</b></p> <p>Butter beans stew</p> <p>Chicken au lemon<br/>Lettuce and corn salad</p> <p>Fruit.<br/>Bread and water</p>         | <p><b>Thursday 21st</b></p> <p>Spaghetti Carbonara</p> <p>Grilled hamburger</p> <p>Fruit.<br/>Bread and water</p>                      | <p><b>Friday 22nd</b></p> <p>Rice with tomato sauce</p> <p>Steamed sausages<br/>Lettuce and tomato salad</p> <p>Yoghurt or fruit.<br/>Bread and water</p> |
| <p><b>Monday 25th</b></p> <p>Neapolitan spaghetti</p> <p>Andalusian hake<br/>Baby carrots</p> <p>Dairy dessert or fruit.<br/>Bread and water.</p>          | <p><b>Tuesday 26th</b></p> <p>Cauliflower cream soup</p> <p>Beef ragout<br/>Diced potatoes</p> <p>Fruit.<br/>Bread and water.</p>       | <p><b>Wednesday 27th</b></p> <p>Rice bolognese</p> <p>French omelette with tuna<br/>Lettuce and carrot salad</p> <p>Fruit.<br/>Bread and water</p> | <p><b>Thursday 28th</b></p> <p>Potato stew</p> <p>Chicken curry<br/>Lettuce and onion salad</p> <p>Fruit.<br/>Bread and water</p>      | <p><b>Friday 29th</b></p> <p>Cocido soup</p> <p>Cocido</p> <p>Yoghurt or fruit.<br/>Bread and water</p>   |

